



SPACE-SPRITZ



THERAPY COLLECTION  
OTFC GROUP x THE FOURTH HOUSE

A fresh, warm and earthy blend to support focus, boost confidence and increase happy vibes.

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## KEY INGREDIENTS AND BENEFITS

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### **Bergamot**

#### Nervous System Benefits:

helps compulsive behaviour,  
stress and irritability  
relaxing and restorative  
calming and uplifting

#### Emotional Benefits:

releases fear and instills confidence  
optimises energy and joy  
allows us to relax and trust  
releases need for complete control

### **Mandarin**

#### Nervous System Benefits:

reduces stress and anxiety  
soothes hyperactivity  
excellent for mental clarity  
creates balance

#### Emotional Benefits:

assists with embracing new changes  
releases old with grace & confidence  
helps with being present in every moment  
helps with human connection

### **Frankincense**

#### Nervous System Benefits:

calming, lowers anxiety and stress  
balances moods

#### Emotional Benefits:

minimises sensory overload  
stills mind over mental chatter  
grounding and comforting

### **Tasmanian Lavender**

#### Nervous System Benefits:

harmonising  
reduces anxiety and emotional stress  
excellent for nervous tension

#### Emotional Benefits:

calming, caring and nurturing  
brings warmth and protection  
lifts sadness and brings emotional balance  
awakens harmony

### **Lapis Lazuli Liquid Crystals**

#### Key Benefits

harmony, love and protection  
brings calm and loving communication

ALL OILS USED ARE NON-TOXIC / NON-IRRITATING / NON SENSITISING\*  
VEGAN & CRUELTY FREE. DO NOT SPRAY DIRECTLY ONTO SKIN. EYES OR INGEST

100% Pure Essential Oils, Aromatherapy Grade. Natural preservatives, no artificial ingredients.  
Close eyes and spritz around room and aura. Made in Adelaide - Australia

**OTFC GROUP®**

